

Running Sucks

The Terrible and Wonderful Reasons Why I Run Long Distances Matthew Inman
The Terrible and Wonderful Reasons Why I Run Long Distances *Matthew Inman*

this is not just a book about running it s a book about cupcakes it s a book about suffering it s a book about gluttony vanity bliss electrical storms ranch dressing and godzilla it s a book about all the terrible and wonderful reasons we wake up each day and propel our bodies through rain shine heaven and hell from 1 new york times best selling author matthew inman aka the oatmeal comes this hilarious beautiful poignant collection of comics and stories about running eating and one cartoonist s reasons for jogging across mountains until his toenails fall off containing over 70 pages of never before seen material including a lazy cartoonist s guide to becoming a runner and the blerch s guide to dieting this book also comes with blerch race stickers

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